MYELOGRAHY/LUMBAR PUNCTURE PROCEDURE PREP

1. Patient needs to be **NPO** (nothing by mouth) **4 hours** prior to exam.
2. **Lab work needed**: PT & PTT if patient is on anticoagulants, for example:
   - Blood thinners
   - Heparin
   - Warfarin
   - Enoxaparin, etc.
3. If scheduled for lab work prior to exam have patient go **Duke South Clinic 1D**, 40 Medicine Circle, at least 1½ hours before scheduled procedure.
4. Please order **steroid prep** for any patient with a contrast allergy.
5. All patients need to arrive 30 minutes prior to procedure time. A **driver** will be needed to and from the procedure and must remain in the hospital until the patient is ready to go home.
6. There are many **contraindications** to myelography concerning patient **medications** such as:
   - Analeptics
   - CNS stimulants, and other anti-psychotics
   - Monoamine oxidase inhibitors
   - Tricyclic antidepressants

**Schedule an appointment:**

If you would like to schedule an appointment for your patient, please contact Duke Radiology Interventional Scheduling at **(919) 684-7315**, Monday through Friday 7:00am to 5:30pm.

If you have any questions or need a same day procedure, please contact Duke Interventional Radiology, at **(919) 684-7281**, Monday thru Friday 7:00am - 5:00pm.